





HELPING YOUNG PEOPLE EXPLORE GOD'S WORD FOR THEMSELVES

Source gets young people talking about God's Word for themselves, with a simple and accessible five-question structure that can be used anywhere!

Source uses the **Swedish Method**, a tried-and-tested framework that helps people engage deeply with and respond personally to Scripture. Without using study guides or commentary, this method allows God's Word to speak for itself, by encouraging young people to go straight to the source. It creates space for them to ask questions, discuss with others and respond to Jesus as He reveals Himself through His Word.

WHY SHOULD I USE SOURCE?

- Re-usable, repeatable and can be applied to any Bible passage
- Free, simple to use and requires no additional equipment
- Encourages young people to engage with God's Word for themselves
- Develops skills and builds confidence in Bible engagement, e.g. observation, interpretation
- Allows God's Word to speak for itself
- Encourages group participation (it's not about knowing right answers!)

HOW DOES IT WORK?

READ

Using the guide provided, read through the passage as a group (ideally 10–15 verses) and then take time to read it individually.

PRAY

Together, ask that God would speak through His Word.

REFLECT

Take a few minutes to reflect on and answer the five questions, each of which is represented by a symbol: *Highlight*, *Question*, *Insight*, *Theme* and *Action*.

DISCUSS

Chat through the answers together as a group.

Each of the five symbols can be found on the accompanying bookmark, which each young person can keep for future studies or their own personal devotions. The original Swedish method used just three symbols but you can add your own, just as we have in this resource. Two common additions are a cross (Where do I see Jesus in this passage?) and a jigsaw piece (How does this passage fit into to the wider Biblical narrative?).



LEADERS GUIDE

HOW SHOULD I DEAL WITH UNANSWERED QUESTIONS?

PREPARE

By studying the passage in advance, you will be better prepared to guide discussion and answer elementary questions.

PRACTICE

This method gets easier and more instinctive with practice, as young people develop skills and confidence in handling God's Word.

PERSIST

It's okay to say, 'I'm not sure what the answer is but I'll find out'. Or if there were lots of questions around a particular issue, you could run an additional session on that. You are not using a syllabus so you can be flexible!

PRAY

We trust that God will speak to us by His Spirit, through His Living Word—and so, if we have unanswered questions, we can bring them to Him!

