



MUST KNOW BIBLE STORIES

DAVID & GOLIATH

Health and Wellbeing topic: Overcoming Obstacles

These assembly scripts can work for one or two “hosts” – it is formatted so that you can either read the lines solo, or assign lines to two people... and feel free to reword the lines in ways that suit you. There are suggestions in blue dotted through the script of setting, tone and ways to film, but these are only suggestions – the most important things are that you are confident and relaxed as you film.

If you are having a hard time visualizing the script, please watch our video and read along to give you a clearer idea.



SCENE 1

(You can open this video with a funny clip of yourself trying to overcome an obstacle, such as climbing a tree or wall, or trying a new skill, but not succeeding.)

Optional dialogue for two hosts:

Ugh, I'll NEVER climb this tree (or whatever it was) it's just too hard for me. (sigh)

Aw, sorry you're feeling rubbish about it. But, never say never! I bet with more practice you could definitely (climb that tree).

I don't know ... It was just too hard and I don't feel like trying again.

Sometimes things can just feel too hard don't they? Maybe there's a subject at school, like maths or reading, that feels too difficult. Or maybe a new skill feels too hard to learn - like learning to skateboard or ride a bike. It took me AGES to learn to ride my bike!

*(*optional cut to someone riding a bike very wobbly, maybe falling down!)*

Or there are some difficult things that go even deeper - aren't there? Maybe there's someone in our family we find really hard to get on with, or someone at school who's unkind to us, or even being a bully. And we've all been through something really hard with the Covid Pandemic... sometimes that felt like too much for me. I thought lockdown would NEVER end!

You know there's a great word for anything that feels too hard, or too difficult, or like we'll never get around it - it's called an obstacle!

(Either give a further definition for obstacle and show the word so it can be seen, or optionally a professor character can arrive, giving the definition)

So an obstacle is something in our way... something in our life... that's hard to get around! Something that feels too big or difficult for us to manage.

(Thoughtfully) Hmm... Something too big or difficult to manage... I know a really good Bible story about that! The obstacle in this story wasn't a “thing” though... it was a big, mean bully!



SCENE 2

Bible Story: David and Goliath / 1 Samuel 17 – *tell the Bible story in a creative way: with a children's storybook bible, using pictures or graphics, drawing the story with a voiceover, acting it out, using puppets. You could read directly from 1 Samuel 17 (we'd suggest paraphrasing the story to be more age appropriate and accessible), or retell the account in your own words. You can also feel free to cut and use the storytelling from our video. Whatever you do, make it dynamic, and try to tell the story in under five minutes.*

You know, it's amazing that David defeated Goliath, but you know what really impresses me? That he did it even when everyone said he couldn't! His brothers told him to go home, and King Saul said he shouldn't either. He didn't have armour, and Goliath was about three times his size... but David STILL went out and faced Goliath!

Goliath was a huge *obstacle* for the whole army... and for David... he must have been scared, but he had so much courage! I wish I were brave like that... I wonder where he got his courage from? (**Slight pause as if asking the children, or ask the other host**)

Well, in the story, it says that David really believed God was with him. That he didn't need to be afraid, because it was really God who would defeat Goliath. So David got his courage from God!

I really love this story... it's one of my favourites because it makes me feel like I can overcome any obstacle! Let's take a quiz and see how much we can remember from the story.



SCENE 3

Quiz (*Either do this yourself, or feel free to cut and use our quiz clip*)

Invite the children to play along by touching their head (demonstrate) if the answer is yes or touch their shoulders if the answer is no. Here are our questions, or you can come up with new ones!

Was this a story from the Bible? (Yes)

Was Goliath 4 feet tall? (No – 9 feet tall!)

Did the Israelites want to fight Goliath? (No – they were scared!)

Did David's brothers think he could defeat Goliath? (No - they told him to go home)

Did David have armour to face Goliath? (No - it didn't fit! But he went anyway)

Did David think God would help him? (Yes - that gave him courage!)

Did David pick up only three stones? (No- he picked up 5 smooth stones)

Did David beat Goliath? (Yes – with God's help!)



SCENE 4

Reflection: this is most effective if you show an example of the activity/craft. Be sure to prepare something beforehand.

David felt that God was helping Him in today's story... God was on his side helping him be brave! So who is on your side? Who will help you face down your challenges? Like the five smooth stones in the story, draw five circles... and maybe even cut them out to look like five stones! Or you could write on a real stone! Now spend some time thinking and writing down five people who are on your side, five people who you know could help you face a challenge. Someone in your family, your teacher, or a friend?

Share someone you wrote down and why.

One other person I wrote down is God because Christians believe that God is always with us. He's always giving me strength and helping me to be brave like David. I know I can face any obstacle in my life, with God's help.

We've talked a lot about overcoming obstacles and being brave today. Do you think you're ready to be brave, and give that (tree) another go?

**(Or optionally "I think I'm ready to be brave and give that tree another go!" Text below for two hosts)*

I guess so... but do you think you could help me? We did say that being brave doesn't mean being alone!

Of course!

**We see our host overcome their obstacle... maybe with some help!*

