

Top

10

Tips for Adults

to pray for schools and young people



1. **The family:** ask your children, grandchildren, or friends' children what they would like you to pray for in relation to their life at school. Pray with your own children or grandchildren after you chat!
2. **The list:** check out our online list of things to pray for or compile your own: ask pupils, teachers, SU Group leaders and chaplains for prayer requests.
3. **The walk:** download *Prayer Walk Ideas* and go on a walk round your town or village, stopping to pray as you go, especially in places young people gather.
4. **The world:** pray for schools in another country; pray for the children of missionaries you support.
5. **The text:** do you work in a school, or know someone who does? Give them your mobile number and encourage them to text you prayer requests over the course of the week.
6. **The meeting:** meet with others - your usual prayer group, or other parents, grandparents, school staff or SU Group leaders, to pray for local needs.
7. **The space:** create a drop-in prayer space at church with schools-themed prayer points specific to local schools. Play soft music and provide interactive stations (download *Adult Schools Prayer Stations*).
8. **The 24/7 signup:** encourage folks to sign up to pray for an hour over the course of a week.
9. **The group:** pray for SU groups that meet in your local schools. If you don't know of one, pray for volunteers to step forward to lead a group.
10. **The school:** sign up to pray for your local school at <https://www.suscotland.org.uk/pray/pray-for-schools-scotland/>