

Join

A week of prayer for Scottish schools

Monday 14 to Friday 18 November 2016

Prayer is basically having a conversation with God. In the Bible, God tells us that he loves us, and he wants to hear from us—how amazing is that!

Cast all your anxiety on him (God), because he cares for you. 1 Peter 5:7

Answer me, Lord, out of the goodness of your love; in your great mercy, turn to me. Psalm 69:16

Are you ready to begin talking to God? Are you ready to listen to him?

Check out what other young people think about praying at [YouTube.com/tryprayingyouth](https://www.youtube.com/tryprayingyouth).

Monday What worries and stresses do you face at school? Bring them all to God. You might pray like this:

God, you know I feel (*tell him how you are feeling*). I am worried about so many things, particularly (*tell God your worries*.) Thank you that you care for me. Please turn to me and help me. Give me your strength to deal with them and help me know your peace in my heart. Amen.

Tuesday Who are your friends? Are they a good influence? Proverbs 18:24 says, “One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother.” That friend is Jesus!

Jesus, thank you that you can be my very Best Friend. Help me to trust you. Please give me friends who are honest and loyal and who won't lead me into trouble. Help me to be a good friend to them too. Amen.

Wednesday Who gave you this prayer sheet? Thank God for them!

God, thank you for (*name of leaders*). Thank you for this SU Group and for allowing it to be in this school. Please show me more about who you are and what I mean to you. I have so many questions (*tell God what they are!*). Please answer them, and show me that you are real. Amen.

Thursday Think about your class. Is anyone sick? Depressed? Bullied? Pray for them!

God, life can be hard. Today I want to pray for (*name*) who is struggling with (*tell God their problem*). Help (*name*) to know that you care, and that you are ready to listen to their cries. Please lift them from depression and keep them from harm. They need your help, God! Show me if there is anything I can do or say. Amen.

Friday What has God said to you this week as you have prayed? Have you noticed a difference?

God, thank you for this thing called prayer. Guide me through hard times, give me a new way to look at life and help me trust you more. Please keep me talking to you, believing that you hear and answer. Amen.